

Dear _____

This Smartphone Nap-Sack has magic powers!
When you put your device inside...

Your eyes will get a rest



It will be easier to focus
on the people you love



Your spine can straighten up



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Here are some things we can do together when we are unplugged and away from screens.

Play cards

Brought to you by the Unplug Collaborative, a 501 (c) (3) and home to the Global Day of Unplugging. Where we elevate human connection over digital engagement....one community at a time.
www.unplugcollaborative.org



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