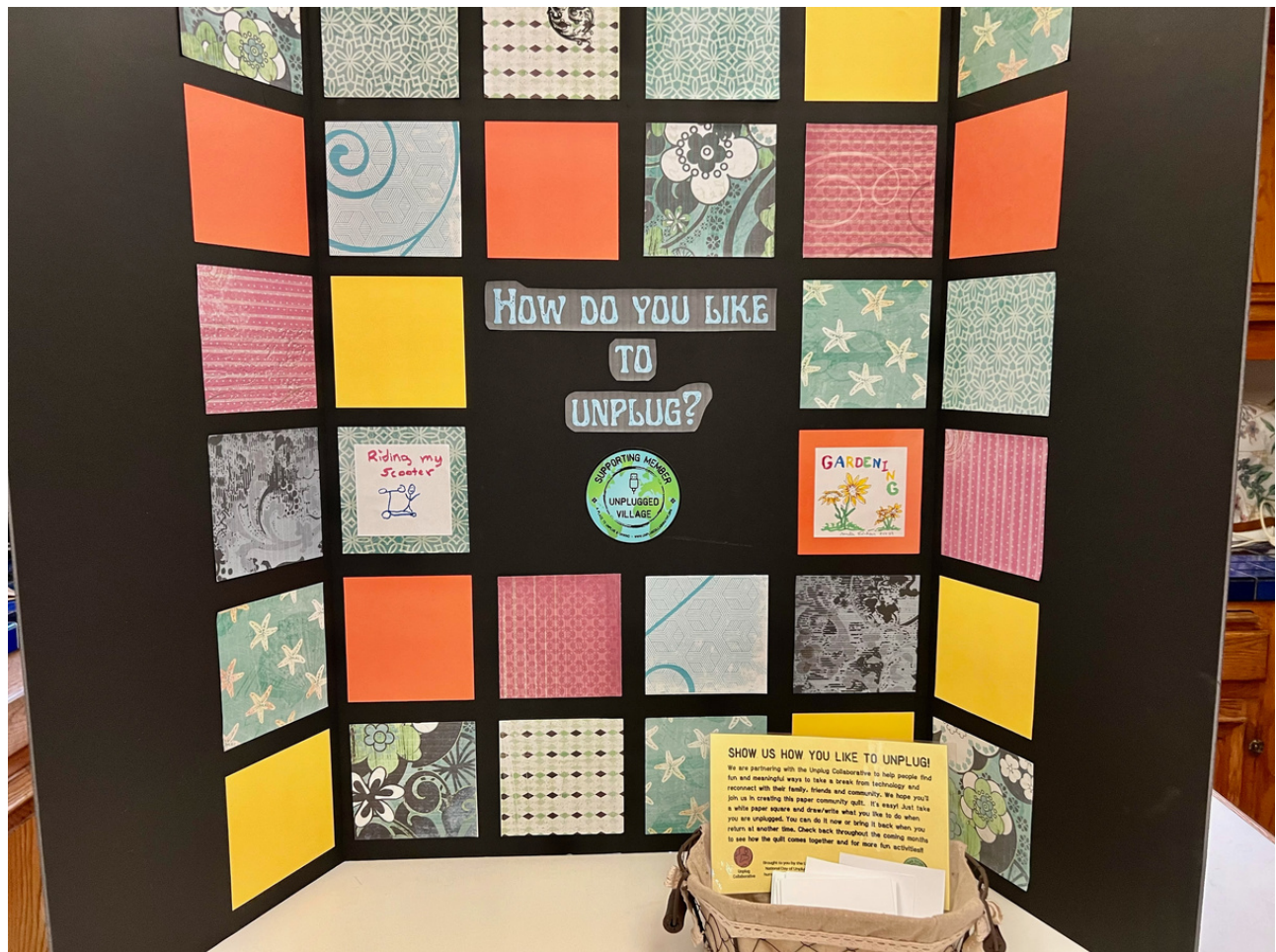


# How Do You Unplug? Community Paper Quilt

Get a foam core board from an office supply or craft store or use a wall or window for your base. Cut out decorative squares of paper (so even if there isn't a message on one, it still looks good while it's being filled). Have white paper squares in a basket along with markers or crayons. Let people draw/write what they like to do for fun on the white squares either at time of visit or to return at another time. Collect completed entries in another basket and add best ones to the quilt squares. If you share it on social media, tag us @globaldayofunplugging and use the #globaldayofunplugging and #unpluggedvillage. We can't wait to see your community quilt come together!!



# SHOW US HOW YOU LIKE TO UNPLUG!

We are partnering with the Unplug Collaborative to help people find fun and meaningful ways to take a break from technology and reconnect with their family, friends and community. We hope you'll join us in creating this paper community quilt. It's easy! Just take a white paper square and draw/write what you like to do when you are unplugged. You can do it now or bring it back when you return at another time. Check back throughout the coming months to see how the quilt comes together and for more fun activities!!



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# How Do You Unplug? Poster Board

Get a black or white foam core board, extra large stickie notes and pens/crayons. Have people draw/write what they like to do for fun. If you share it on social media tag us @globaldayofunplugging and use the #globaldayofunplugging and #unpluggedvillage. We would love to see your Unplugged Poster Board come together!!

